***Attachment C***

***Project Proposal Name:* Young Parents Program *Name of Agency or Individual:* Child Abuse Prevention Council**

***County:* Warren $8,565**

# Indianola DCAT Cluster Spring Projects

# RESULTS MATRIX FY16 - 4th Quarter Cummulative Report

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| **Goals** **&****Objectives** | Program/ServiceComponents | Action StepsandTime Frames | Program/Service Outcome & Performance Measures*(What is the expected measurable result? How will it be measured throughout the project period?)* |
| Children will thrive in safe and stable homes and parents will have support in their role as primary caregiver.  | **Young Parents:**-Provides minimum of 45 weekly sessions each 2 hours in duration- Minimum of 35 moms/dads & their children served per year.-Uses research-based/well-researched curriculum including *Stewards of Children, Care for Kids, Nurturing Healthy Sexual Development, Incredible Years, Al's Pals, Here, Now and Down the Road* with parents/children.-Serves Warren County parents/ expectant parents through 28 years of age and their children through 6 years of age.-Utilizes local resource providers and expertise to provide education and information for parents in order to connect families with supports and services.-Referrals to community services | * Actively promote program, recruit families, solicit

referrals. **UPDATE:** **24 Warren County families served. Goal: 75% Accomplished FY 16*** Provide free dinner at weekly meetings. **(Ongoing) Goal: 75% Accomplished FY 16**
* Provide ongoing individualized support to parents, referrals to community resources. **UPDATE: 33 parents served including 13 dads. Goal: 75% Accomplished FY 16**
* Provide a forum for parents to develop & maintain a positive peer support system. **UPDATE: Forty-six, 2-hour sessions conducted. Goal: 75% Accomplished FY 16**
* Provide parent education/information to increase knowledge & strengthen family interactions. **(Ongoing) Goal: 75% Accomplished FY 16**
* Connect parents face-to-face with home visitation services.

**(Ongoing) Goal: 75% Accomplished FY 16*** Provide parenting materials/handouts & access to onsite parent lending library. **(Weekly) Goal: 75% Accomplished FY 16**

Offer free, onsite childcare/ dinner & activities for young children in a safe, nurturing setting to reduce parental stress. **UPDATE: 15 children 0-6 years of age served. Goal: 75% Accomplished FY 16** | **39% of parents served in FY 2016 were young fathers*** **100% of parents reported feeling more connected to other parents in the community.** **Goal: 75% Accomplished FY 16**\*
* **100% of parents reported having an improved family support system.** **Goal: 75% Accomplished FY 16**\*
* **100% of parents reported increased knowledge about parenting and child development.** **Goal: 75% Accomplished FY 16**\*
* **100% of parents reported increased self confidence in their own parenting. Goal: 75% Accomplished FY 16\***
* **94% of parents reported increased knowledge on how to manage stress. Goal: 75% Accomplished FY 16\***
* **100% of parents reported improved nurturing and attachment and feel closer to their child. Goal: 75% Accomplished FY 16\***
* **100% of parents reported improved family interactions**. **Goal: 75% Accomplished FY 16**

\* ***Results based on responses from 17 parents (52% of parents served) on written program evaluation which was completed in 4th qtr*** |