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| CPPC NewsletterMadison, Marion & Warren |
| December 2016 |

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| Protecting children is everyone’s business |  |  |

# What’s New with CPPC

by Sarah Hohanshelt, CPPC Coordinator

Can you believe winter officially starts this month? I know, it’s felt like winter for a while now! Thus far in fiscal year 2017 (FY17), CPPC has had a lot going on. Please let this newsletter serve as an update on all things Community Partnerships for Protecting Children (CPPC) as well as a look into what’s to come for the rest of the year!

## Al’s Pals

Fall and the start of winter are always a busy time for Al’s Pals. Typically, I complete the majority of my visits during this time. This year we again have 15 schools and centers utilizing the Al’s Pals curriculum through DCAT. So far, I have visited 12 of 19 classrooms for FY17.

Due to budget constraints, we do not have an Al’s Pals contract this year, so no funding will be expended in FY17.

## CPPC Website

For those of you that are not familiar with our website, [www.cppconline1.com](http://www.cppconline1.com), please take a moment to look around! The website currently averages between 1,500 and 2,000 views per week. Our goal is to provide the communities in Madison, Marion and Warren Counties with a “one stop shop” to find local resources, job postings, trainings, events, etc. Additionally, I am sending out weekly updates which outline new material posted on the website as well as remind subscribers of upcoming events for the week. If you’d like to be on that mailing list, please visit the website and click Contact then fill out the online form and hit submit! If you have an upcoming event, training or a job posting, please feel free to email it to me.

## CPPC Steering Committee

Our Steering Committee meets monthly on the first Tuesday of each month at 200 S Howard Street in Indianola. Our next meeting is next Tuesday, December 6th.

We currently have vacancies for voting members in Warren and Marion Counties. We are also seeking representation from the faith community, youth, foster/adoptive parents and parents formerly involved with DHS to attend our meetings and provide valuable input. If you are interested in learning more about becoming a voting member or more about CPPC/DCAT please contact me at shohanshelt@gmail.com.

If you would like to be added to the mailing list to be sent meeting minutes and reminders, please email me at shohanshelt@gmail.com. Below are the upcoming meeting dates:

January3rd, February 7th and March 7th

## Community Based Family Team Meetings

We are continuing to work hard to get referrals in our counties. One way we are doing this is to pilot a new program in Madison County. We have trained two individuals to hold CBFTMs with clients they are already serving. Our hope is that, as trust is already built, families will be more likely to follow through with the meetings. Thus far, we have completed one CBFTM (prep, initial meeting, follow up).

I am continuing to talk about and promote CBFTMs at each provider meeting. The majority of our referrals come from schools, but can be made by anyone as these are not DHS involved cases. If you would like to make a referral for a CBFTM please visit www.cppconline1.com and fill out the referral & release of information forms which can be found under the Our Programs > Community Based Family Team Meetings tabs.

### DCAT Update

by Joe Burke, DCAT Coordinator

What is DCAT?

trainings, Joe completed the [Annual Progress Report and DCAT](http://www.cppconline1.com/dcat-reports.html) [Plan](http://www.cppconline1.com/dcat-reports.html). The progress report details what DCAT and CPPC accomplished in FY16. All contracts, mini grants, etc. are summarized into a 21-page document. The DCAT annual plan is a 10-page summary of what we plan to do this year. Please take a moment to review these reports. Remember, this is *your* state and federal tax money at work!

Looking forward into the rest of FY17, Joe will continue monitoring all contracts and ensure all programming is running smoothly. Next month, we will hold our semi-annual DCAT Governance Board meeting where Joe and Sarah will update the board on how the year is progressing. All semi-annual reports shared with the board will be posted on the CPPC website.

Should you have any questions regarding DCAT, please contact Joe Burke at JBurke@dhs.state.ia.us.

Decategorization (DCAT) was designed to be a process that combines the individual state appropriations for child welfare services into a single fund to encourage the development of services that better meet the needs of youth and families by allowing the local county flexibility in how these funds are used. Participation by the Department of Human Services, Juvenile Court Services and the County are required terms of the legislation.

DCAT is an effort to significantly change the child welfare system to one that is needs based, family focused, easily accessible, more intensive, less restrictive and cost effective.

## What’s New?

Joe has been working tirelessly to wrap up FY16 and get everything set up for FY17.

Aside from writing contracts and attending



### Winter Safety

by Sarah Hohanshelt, CPPC Coordinator

## Gun Safety

Shotgun season starts this weekend in Iowa. In a state where 1/3 of adults are the owners of at least one firearm, it’s important to educate yourself and your children about gun safety. Children under 8 often cannot tell the difference between a toy and real gun. However, children as young as 3 are strong enough to pull the trigger. Follow these steps to help keep you and your children safe:

* Store guns unloaded and in a gun safe
* Teach your children to never touch a gun and to tell an adult if they see one

## Car Seat Safety

Motor vehicle accidents are the leading cause of accidental death in children ages 5-9 and the second leading cause for children ages 1-4 in the United States. Seventy-three percent of car seats are not installed and/or used correctly! Here are some safety tips to reduce your child’s risk of being seriously injured in the car:

* Make sure your child is in the correct seat for their height, weight and age
* Children should ride in the back seat until they are 13 years old
* Iowa law requires that your child be in a rear facing seat until age 1, but the American Pediatric Association (APA) recommends that they remain rear facing until their second birthday.
* The chest clip should be level with your child’s armpits
* You should not be able to pinch any excess material in the shoulder straps
* The base of the seat should not move more than an inch in any direction once installed
* Do not wear bulky coats in car seats. The material can compress, causing the child to be ejected on impact.
* Buckle up every time you get in the car, no matter the distance you are traveling. It’s the law!

## Choking Prevention

I don’t think many parents think about the increased risk of choking during the winter months, I know I often don’t. We’re all busy and caught up in the hustle and bustle of the holidays. But, did you ever

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| Fast Facts |  |

73%

Of car seats are installed
and/or used improperly.

54%

Of carbon monoxide exposures
occur between November and February.

3 years

Is the age most children can pull the trigger on a real firearm.

## Madison County

A community collaboration group, Madison County Cares, meets the fourth Tuesday of each month at Sports Page in Winterset at noon. The winter meeting dates are as follows:

No December meeting
January 24th
February 28th

Anyone is welcome to attend!

Madison County Cares provides the communities within the county with several events including: the Health, Wellness and

Safety Fair, Drug Drop and Family Fun Day. For more information on these events, come to a meeting or email Sarah at shohanshelt@gmail.com.

ISU Extension will be offering a **free nutrition class** on Wednesdays beginning January 4th and ending February 22nd from 1:00-2:00pm at the First United Methodist Church in Winterset. Child Care providers can earn 16 continuing education credits.

For more Madison County events, visit [www.cppconline1.com](http://www.cppconline1.com).

## Marion County

The Marion County Provider’s group meets

consider the number of people that are feeding your little one a bite of this or a piece of that, maybe even without your knowledge, while you’re gathering with friends and family? How about all of the toys with small parts that their older siblings or cousins are receiving as gifts or the wrapping paper and bows? Here are some tips to prevent choking in small children:

### County News

by Sarah Hohanshelt, CPPC Coordinator

* Cut food for small children into small pieces
* Round or hard foods should not be eaten by children under 5 years of age (hot dogs, hard candy, nuts, etc.)
* Follow age guidelines on toy boxes when considering a toy/game purchase for your child
* Keep small objects out of reach and sight of the child

## Carbon Monoxide Poisoning Prevention

According to the CDC, carbon monoxide poisoning is the leading cause of unintentional poisoning death in the U.S. Nearly 54% of carbon monoxide exposures occur between November and February and among those living in the Midwest (31.2 per million people). Below are a few things you can do to help prevent carbon monoxide exposure:

* Install on every level of home, especially near sleeping areas
* Never run your vehicle in your garage
* Have your furnace serviced regularly

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| For More Information |
| www.safekids.orghttp://www.desmoinesregister.com/story/news/2016/06/22/iowa-ranks-among-states-least-gun-violence/86266064/http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6030a2.htm |

the first Monday of each month at 9:30 a.m. at Marion County Public Health (2003 N Lincoln, Knoxville).

The goal of this group is to bring together local community partners, school staff, mental health providers, etc. to share information regarding events, concerns, needs, etc. within the communities in Marion county. Each month, an agency is also selected to give a presentation which details the services they provide within the

The winter dates for this meeting are:

December 5th
January 2nd
February 6th

food and a movie while you shop, stuff stockings, wrap gifts, etc. The cost is $10 per child or $20 per family with proceeds going to Wee Care Respite Nursery. You can register by emailing aly.brose@excitrealtynorthstart.com or casey.gifford@exitrealtynorthstar.com or by calling 515.962.5686.



For more information, contact Teresa Higginbotham at thiggin@marionph.org

Individuals and families from around Marion County are welcome to **pick out a coat** if they need one!  The coats are located on the 3rd floor of the Pella Community Center at 712 Union Street Pella.  The front LEFT door will be open from 7:30am – 6:00pm Monday through Friday.

For more Marion County events visit [www.cppconline1.com](http://www.cppconline1.com).

## Warren County

The Warren County Provider’s group meets the 2nd Tuesday of each month at 9 a.m. at Indianola Schools Administration Office Board Room. This group meets to distribute information among school staff, community partners, mental health providers, etc. Anyone is welcome to attend! The winter meeting dates are as follows:

December 13th
January 10th
February 14th

For more information, contact Kyla Bandstra at kyla.bandstra@indianola.k 12.ia.us.

A fundraiser is being held in **Wee Care**’s honor on Saturday, December 10th from 6:00-8:30pm. You can bring your child to Exit Realty (222 W Salem) for crafts,

For more Warren County events visit www.cppconline1.com.

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